



Capecitabine Tablets IP

XORTIB™ 50/500

capecitabine 150/500

COMPOSITION

XORTIB™ 500
Each film coated tablet contains:
Capecitabine IP
Excipients 150 mg
q.s.

XORTIB™ 500
Each film coated tablet contains:
Capecitabine IP
Excipients 500 mg
q.s.

PHARMACEUTICAL FORM

Film-coated tablet.

PHARMACOLOGICAL PROPERTIES

Pharmacodynamic Properties
Pharmaco-therapeutic group: Antineoplastic (antimetabolites)
ATC code: L01BC06

Mechanism of Action
Certain enzymes convert capecitabine to 5-fluorouracil (5-FU) *in vivo*. Both normal and tumor cells metabolize 5-FU to 5-fluoro-2'-deoxyuridine monophosphate (FdUMP) and 5-fluorouridine triphosphate (FUTP). These metabolites cause cell injury by 2 different mechanisms. First, FdUMP and the folate cofactor, N5,10-methylenetetrahydrofolate, bind to thymidylate synthase (TS) to form a covalently bound ternary complex. This binding inhibits the formation of thymidylate from 2'-deoxyuridylate. Thymidylate is the necessary precursor of thymidine triphosphate, which is essential for the synthesis of DNA, so that a deficiency of this compound can inhibit cell division. Second, nuclear thymidylate synthase is an enzyme that is necessary for the synthesis of uridine triphosphate (UTP) during the synthesis of RNA. This metabolic error can interfere with RNA processing and protein synthesis.

Pharmacokinetic Properties

Capecitabine is readily absorbed from the gastrointestinal tract, with peak plasma concentrations occurring at about 1.5 hours. Food reduces the rate and extent of absorption. The plasma protein binding of capecitabine is less than 60%. Capecitabine is hydrolyzed in the liver to 5'-deoxy-5-fluorouridine (5'-DFUR), then converted to 5'-deoxy-5-fluorocytidine (5'-DFUR-doxifluoride), and subsequently to 5-fluorouracil in body tissues, which is further metabolised. About 2% of a dose of capecitabine is excreted in the urine unchanged.

Pharmacokinetics in Special Populations: A population pharmacokinetic analysis was carried out after capecitabine treatment of 505 patients with colorectal cancer treated at 1250 mg/m² twice daily. Gender, presence or absence of liver metastasis at baseline, Karnofsky Performance Status, total bilirubin, serum albumin, aspartate aminotransferase (ASAT), and alanine transaminase (ALT) had no statistically significant effect on the pharmacokinetics of 5'-DFUR, 5-FU, and α-fluoro-β-alanine (FBAL).

Patients with Hepatic Impairment Due to Liver Metastases: According to a pharmacokinetic study in cancer patients with mild to moderate liver impairment due to liver metastases, the bioavailability of capecitabine and exposure to 5-FU may increase compared to patients with no liver impairment. There are no pharmacokinetic data on patients with severe hepatic impairment.

Patients with Renal Impairment: Based on a pharmacokinetic study in cancer patients with mild to severe renal impairment, there is no evidence for an effect of creatinine clearance on the pharmacokinetics of intact drug and 5-FU. Creatinine clearance was found to influence the systemic exposure to 5'-DFUR (25% increase in area under the concentration-time curve [AUC] when creatinine clearance decreases by 50%) and to FBAL (14% increase in AUC when creatinine clearance decreases by 50%). FBAL is a metabolite without anti-proliferative activity.

Elderly: Based on the population pharmacokinetic analysis, which included patients with a wide range of ages (27 to 86 years) and included 234 (46%) patients greater or equal to 65, age has no influence on the pharmacokinetics of 5'-DFUR and 5-FU. The AUC of FBAL increased with age (20% increase in age results in a 15% increase in the AUC of FBAL). This increase is likely due to a change in renal function.

Ethnic Factors: Following oral administration of 825 mg/m² capecitabine twice daily for 14 days in Japanese patients (n=18), there was a 36% lower C_{max} and 24% lower AUC than in Caucasian patients (n=22). There was about 25% lower C_{max} and 34% lower AUC of FBAL in the Japanese patients than the Caucasian patients. The clinical relevance of these differences is unknown. No significant differences occurred in the exposure to other metabolites (5'-DFUR, 5'-DFUR, and 5-FU).

Preclinical Safety Data

In repeat-dose toxicity studies, daily oral administration of capecitabine to cynomolgus monkeys and mice produced toxic effects on the gastrointestinal, lymphoid, and haematopoietic systems, typical for fluoropyrimidines. These toxicities were reversible. Skin toxicity, characterized by degenerative/regressive changes, was observed with capecitabine. Capecitabine was devoid of hepatic and central nervous system (CNS) toxicities. Cardiovascular toxicity (eg, PR- and QT-interval prolongation) was detectable in cynomolgus monkeys after intravenous administration (100 mg/kg) and in repeated oral dosing (1279 mg/m²/day). A 2-year mouse carcinogenicity study produced no evidence of carcinogenicity by capecitabine. During standard fertility studies, impairment of fertility was observed in female mice receiving capecitabine; however, this effect was reversible after a drug-free period. In addition, during a 13-week study, atrophic and degenerative changes were noted in the reproductive organs of male mice; however these effects were reversible after a drug-free period.

In embryotoxicity and teratogenicity studies in mice, dose-related increases in foetal resorption and teratogenicity were observed. In monkeys, abortion and embryolethality were observed at high doses, but there was no evidence of teratogenicity.

Genotoxicity: Capecitabine was negative *in vitro* for bacteria (Ames test) or mammalian cells (Chinese hamster V79/HRPT gene mutation assay). However, similar to other nucleoside analogues (ie, 5-FU), capecitabine was clastogenic in human lymphocytes (*in vitro*) and a positive trend occurred in mouse bone marrow micronucleus tests (*in vivo*).

CLINICAL PARTICULARS

Therapeutic Indications

- Capecitabine is indicated as a single agent for adjuvant treatment in patients with Duke's C colon cancer who have had no complete resection of the primary tumor.
- It is indicated for the treatment of metastatic colorectal cancer.
- It is indicated for first-line treatment of advanced gastric cancer in combination with a platinum-based regimen.
- Capecitabine in combination with docetaxel is indicated for the treatment of patients with locally advanced or metastatic breast cancer after failure of prior anthracycline containing chemotherapy.

Posology and Method of Administration

Capecitabine should only be prescribed by a qualified physician experienced in the utilisation of capecitabine. Capecitabine tablets should be swallowed with water within 20 minutes after a meal. Treatment should be discontinued if progressive disease or intolerable toxicity is observed. Standard and reduced dose calculations according to body surface area for starting doses of capecitabine of 1250 mg/m² and 1000 mg/m² are provided in Table 1 and Table 2, respectively.

Recommended Posology

Monotherapy

Colon, Colorectal, and Breast Cancer

As single agent, the recommended starting dose of capecitabine in the adjuvant treatment of colorectal cancer, in the treatment of metastatic colorectal cancer or of locally advanced or metastatic breast cancer is 1250 mg/m² administered twice daily (morning and evening; equivalent to 2500 mg/m² total daily dose) for 14 days followed by a 7-day rest period. Adjuvant treatment in patients with stage III colon cancer is recommended for a total of 6 months.

Combination Therapy

Colon, Colorectal, and Gastric Cancer

In combination treatment, the recommended starting dose of capecitabine should be reduced to 800 to 1000 mg/m² administered twice daily for 14 days followed by a 7-day rest period or to 625 mg/m² twice daily when administered continuously. The inclusion of biological agents in a combination regimen has no effect on the starting dose of capecitabine. Premedication to maintain adequate hydration and anti-emesis according to the cisplatin summary of product characteristics should be started prior to cisplatin administration for patients receiving the capecitabine plus cisplatin combination. Premedication with anti-emetics according to the oxaliplatin summary of product characteristics is recommended for patients receiving the capecitabine plus oxaliplatin combination. Adjuvant treatment in patients with stage III colon cancer is recommended for a total of 6 months.

Breast Cancer

In combination with docetaxel, the recommended starting dose of capecitabine in the treatment of metastatic breast cancer is 1250 mg/m² twice daily for 14 days followed by a 7-day rest period, combined with docetaxel at 75 mg/m² as a 1-hour intravenous infusion every 3 weeks. Pre-medication

with an oral corticosteroid such as dexamethasone according to the docetaxel summary of product characteristics should be started prior to docetaxel administration for patients receiving the capecitabine plus docetaxel combination.

Capecitabine Dose Calculations

Table 1: Standard and Reduced Dose Calculations According to Body Surface Area for a Starting Dose of Capecitabine of 1250 mg/m²

Body Surface Area (m ²)	Full Dose 1250 mg/m ²	Dose Level: 1250 mg/m ² (twice daily)			
		Number of 150 mg Tablets and/or 500 mg Tablets per Administration (even morning and evening)		Reduced Dose (75%) 950 mg/m ²	Reduced Dose (50%) 625 mg/m ²
		150 mg	500 mg		
≤ 1.26	1500	-	3	1150	800
1.27-1.38	1650	1	3	1300	800
1.39-1.52	1800	2	3	1450	950
1.53-1.66	2000	-	4	1500	1000
1.67-1.78	2150	1	4	1650	1000
1.79-1.92	2300	2	4	1800	1150
1.93-2.06	2500	-	5	1950	1300
2.07-2.18	2650	1	5	2000	1300
≥ 2.19	2800	2	5	2100	1450

Table 2: Standard and Reduced Dose Calculations According to Body Surface Area for a Starting Dose of Capecitabine of 1000 mg/m²

Body Surface Area (m ²)	Full Dose 1000 mg/m ²	Dose Level: 1000 mg/m ² (twice daily)			
		Number of 150 mg Tablets and/or 500 mg Tablets per Administration (even morning and evening)		Reduced Dose (75%) 750 mg/m ²	Reduced Dose (50%) 500 mg/m ²
		150 mg	500 mg		
≤ 1.26	1150	-	2	800	600
1.27-1.38	1300	2	2	1000	600
1.39-1.52	1450	3	2	1100	750
1.53-1.66	1600	4	2	1200	800
1.67-1.78	1750	5	2	1300	800
1.79-1.92	1800	2	3	1400	800
1.93-2.06	2000	-	4	1500	1000
2.07-2.18	2150	1	4	1600	1000
≥ 2.19	2300	2	4	1750	1150

Dose Adjustments During Treatment

General
Toxicity due to capecitabine administration may be managed by symptomatic treatment and/or modification of the dose (treatment interruption or dose reduction). Once the dose has been reduced, it should not be increased at a later time. For those toxicities considered by the treating physician to be unlikely to become serious or life-threatening (eg, alopecia, altered taste, nail changes) treatment can be continued at the same dose without reduction or interruption. Patients taking capecitabine should be informed of the need to interrupt treatment immediately if moderate or severe toxicity occurs. Doses of capecitabine omitted for toxicity are not replaced. The recommended dose modifications for toxicity are provided in Table 3.

Table 3: Capecitabine Dose Reduction Schedule (3-Weekly Cycle or Continuous Treatment)

Toxicity Grades*	Dose Changes Within a Treatment Cycle	Dose Adjustment for Next Cycle/Dose (% of starting dose)
• Grade 1	Maintain dose level	Maintain dose level
-1st Appearance	Interrupt until resolved to grade 0-1	100%
-2nd Appearance		75%
-3rd Appearance		50%
-4th Appearance	Discontinue treatment permanently	Not applicable
• Grade 3		
-1st Appearance	Interrupt until resolved to grade 0-1	75%
-2nd Appearance		50%
-3rd Appearance	Discontinue treatment permanently	Not applicable
• Grade 4		
-1st Appearance	Discontinue permanently if physician deems it to be in the patient's best interest to continue, interrupt until resolved to grade 0-1	50%
-2nd Appearance	Discontinue permanently	Not applicable

*According to the National Cancer Institute of Canada Clinical Trial Group (NCIC-CTG) Common Toxicity Criteria (version 1) or the Common Terminology Criteria for Adverse Events (CTCAE) of the Cancer Therapy Evaluation Program, US National Cancer Institute, version 3.0, for hand-foot syndrome and hyperpigmentation.

Hematology

Patients with baseline neutrophil counts of <1.5 × 10⁹/L and/or thrombocyte counts of <100 × 10⁹/L should not be treated with capecitabine. If unscheduled laboratory assessments during a treatment cycle show that the neutrophil count drops below 1.0 × 10⁹/L or that the platelet count drops below 75 × 10⁹/L, treatment with capecitabine should be interrupted.

Dose Modifications for Toxicity When Capecitabine is Used as a 3-Weekly Cycle in Combination With Other Agents.

Dose modifications for toxicity when capecitabine is used as a 3-weekly cycle in combination with other agents should be made according to Table 3 for capecitabine and according to the appropriate summary of product characteristics for the other agent(s). At the beginning of a treatment cycle, if a treatment delay is indicated by either capecitabine or the other agent(s) then administration of all agents should be delayed until the requirements for restarting all drugs are met. During a treatment cycle for those toxicities considered by the treating physician not to be related to capecitabine, capecitabine should be continued and the dose of the other agent should be adjusted accordingly if the other agent(s) have to be discontinued permanently, capecitabine treatment can be resumed when the requirements for restarting capecitabine are met. This advice is applicable to all indications and to all special populations.

Dose Modifications for Toxicity When Capecitabine is Used Continuously in Combination With Other Agents

Dose modifications for toxicity when capecitabine is used continuously in combination with other agents should be made according to Table 3 for capecitabine and according to the appropriate summary of product characteristics for the other agent(s).

Posology Adjustments for Special Populations

Hepatic Impairment
Safety and efficacy data are available in patients with hepatic impairment to provide a dose adjustment recommendation. No information is available on hepatic impairment due to cirrhosis or hepatitis.

Renal Impairment

Capecitabine is contraindicated in patients with severe renal impairment (creatinine clearance below 30 mL/min [Cockcroft and Gault] at baseline). The incidence of grade 3 or 4 adverse reactions in patients with moderate renal impairment (creatinine clearance 30-50 mL/min at baseline) is increased compared to the overall population. In patients with moderate renal impairment at baseline, a dose reduction to 75% for a starting dose of 1250 mg/m² is recommended. In patients with moderate renal impairment at baseline, no dose reduction is required for a starting dose of 1000 mg/m². In patients with mild renal impairment (creatinine clearance 51-80 mL/min at baseline) no adjustment of the starting dose is recommended. Careful monitoring and prompt treatment interruption is recommended if the patient develops a grade 2, 3, or 4 adverse event during treatment and subsequent dose adjustment as outlined in Table 3. If the calculated creatinine clearance decreases during treatment to a value below 30 mL/min, capecitabine should be discontinued. These dose adjustment recommendations for renal impairment apply both to monotherapy and combination use (see also section Elderly). There is no experience in children (under 18 years).

Elderly

During capecitabine monotherapy, no adjustment of the starting dose is needed. However, grade 3 or 4 treatment-related adverse reactions were more frequent in patients ≥60 years of age compared to younger patients. When capecitabine was used in combination with other agents, elderly patients (>65 years) experienced more grade 3 and grade 4 adverse drug reactions (ADRs), including those leading to discontinuation, compared to younger patients. Careful monitoring of patients ≥60 years of age is advisable.

In Combination With Docetaxel: An increased incidence of grade 3 or 4 treatment-related adverse reactions and treatment-related serious adverse reactions were observed in patients 60 years of age or more. For patients 60 years of age or more, a starting dose reduction of capecitabine to 75% (950 mg/m² twice daily) is recommended. If no toxicity is observed in patients ≥60 years of age treated with a reduced capecitabine starting dose in combination with docetaxel, the dose of capecitabine may be cautiously escalated to 1250 mg/m² twice daily.

In Combination With Irinotecan: For patients 65 years of age or more, a starting dose reduction of capecitabine to 800 mg/m² twice daily is recommended.

Contraindications

- History of severe and unexpected reactions to fluoropyrimidine therapy.
- Hypersensitivity to capecitabine or to any of the excipients or fluorouracil.
- In patients with known dihydropyrimidine dehydrogenase (DPD) deficiency.
- During pregnancy and lactation.
- In patients with severe leucopenia, neutropenia, or thrombocytopenia.
- In patients with severe hepatic impairment.
- In patients with severe renal impairment (creatinine clearance below 30 mL/min).
- In combination with sorafenib (as chemopreventive agent).
- If contraindications exist to any of the agents in the combination regimen, that agent should not be used.

Special Warnings and Precautions for Use

Warning: Capecitabine – Warfarin Interaction
Capecitabine receiving concomitant oral coumarin-derivative anticoagulant therapy should have their anticoagulant response (International Normalised Ratio, INR or prothrombin time) monitored frequently in order to adjust the anticoagulant dose accordingly. Occurrence: Within several days and up to several months after initiating capecitabine therapy and, in a few cases, within 1 month after starting capecitabine therapy. Predisposing factor: age >60 and diagnosis of cancer.

Dose limiting toxicities include diarrhoea, abdominal pain, nausea, stomatitis and hand-foot syndrome (hand-foot skin reaction, palmar-plantar erythrodysesthesia). Most adverse reactions are reversible and do not require permanent discontinuation of therapy, although doses may need to be withheld or reduced.

Diarrhoea: Patients with severe diarrhoea should be carefully monitored and given fluid and electrolyte replacement if they become dehydrated. Standard anti-diarrhoeal treatments (eg, loperamide) may be used. NCI/CCTC grade 2 diarrhoea is defined as an increase of 4 to 6 stools/day or nocturnal stools, grade 3 diarrhoea as an increase of 7 to 9 stools/day or incontinence and malabsorption. Grade 4 diarrhoea is an increase of ≥10 stools/day or grossly bloody diarrhoea or the need for parental support. Dose reduction should be applied as necessary.

Dehydration: Dehydration should be prevented or corrected at the onset. Patients with anorexia, asthenia, nausea, vomiting, or diarrhoea may rapidly become dehydrated. If grade 2 (or higher) dehydration occurs, capecitabine treatment should be immediately interrupted and the dehydration corrected. Treatment should not be restarted until the patient is rehydrated and any precipitating causes have been corrected or controlled. Dose modifications applied should be applied for the precipitating adverse event as necessary.

Hand-Foot Syndrome (also known as hand-foot skin reaction or palmar-plantar erythrodysesthesia or chemotherapy induced acral erythema).

Grade 1 hand-foot syndrome is defined as numbness, dysesthesia/paresthesia, tingling, painless swelling, or erythema of the hands and/or feet and/or discomfort which does not disrupt the patient's normal activities. Grade 2 hand-foot syndrome is the painful erythema and swelling of the hands and/or feet and/or discomfort which disrupts the patient's activities of daily living. Grade 3 hand-foot syndrome is most disquieting, occurring, blistering, and severe pain of the hands and/or feet and/or severe discomfort that causes the patient to be unable to work or perform activities of daily living. If grade 2 or 3 hand-foot syndrome occurs, administration of capecitabine should be interrupted until the event resolves or decreases in intensity to grade 1. Following grade 3 hand-foot syndrome, anti-coagulation doses of capecitabine should be decreased. When capecitabine and cisplatin are used in combination, the use of vitamin B6 (pyridoxine) is not advised for symptomatic or secondary prophylactic treatment of hand-foot syndrome, because of published reports that it may decrease the efficacy of cisplatin.

Cardiotoxicity: Cardiac toxicity has been associated with fluoropyrimidine therapy, including myocardial infarction, angina, dysrhythmias, cardiogenic shock, sudden death, and electrocardiographic changes (including very rare cases of QT prolongation). These adverse reactions may be more common in patients with a prior history of coronary artery disease. Cardiac arrhythmias (including ventricular fibrillation, torsade de pointes, and bradycardia), angina pectoris, myocardial infarction, heart failure, and cardiomyopathy have been reported in patients receiving capecitabine. Caution must be exercised in patients with history of significant cardiac disease, arrhythmias, and angina pectoris.

Hypo- or Hypocalcaemia: Hypo- or hypocalcaemia has been reported during capecitabine treatment. Caution should be exercised in patients with pre-existing hypo- or hypocalcaemia.

Central or Peripheral Nervous System Disease: Caution must be exercised in patients with central or peripheral nervous system disease, eg, brain metastasis or neuropathy.

Diabetes Mellitus or Electrolyte Disturbances: Caution must be exercised in patients with diabetes mellitus or electrolyte disturbances, as these may be aggravated during capecitabine treatment.

Capecitabine should be used with caution in patients with pre-existing hypo- or hypocalcaemia. Administration of capecitabine in combination with docetaxel in a drug interaction study with single-dose warfarin administration, there was a significant increase in the mean AUC (+57%) of S-warfarin. These results suggest an interaction, probably due to an inhibition of the cytochrome P450 2C9 isoenzyme system by capecitabine. Patients receiving concomitant capecitabine and oral coumarin-derivative anticoagulant therapy should have their anticoagulant response (International Normalised Ratio, INR or prothrombin time) monitored closely and the anticoagulant dose adjusted accordingly.

Hepatic Impairment: In the absence of safety and efficacy data in patients with hepatic impairment, capecitabine use should be carefully monitored in patients with mild to moderate liver dysfunction. Regardless of the presence or absence of liver metastases, Administration of capecitabine should be interrupted if treatment-related elevations in bilirubin of >3.0 × ULN or treatment-related elevations in hepatic aminotransferases (ALT, AST) of >2.5 × ULN occur. Treatment with capecitabine monotherapy may be resumed when bilirubin decreases to <3.0 × ULN or hepatic aminotransferases decrease to <2.5 × ULN.

Renal Impairment: The incidence of grade 3 or 4 adverse reactions in patients with moderate renal impairment (creatinine clearance 30-50 mL/min) is increased compared to the overall population. As this medicinal product contains anhydrous lactose as an excipient, patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency, or glucose-galactose malabsorption should not take this medicine.

Drug Interactions

Interaction With Other Medicinal Products.
Coumarin-derivative Anticoagulants: Altered coagulation parameters and/or bleeding have been reported in patients taking capecitabine concomitantly with coumarin-derivative anticoagulants such as warfarin and phenprocoumon. These reactions occurred within several days and up to several months after initiating capecitabine therapy and, in a few cases, within 1 month after stopping capecitabine. In a clinical pharmacokinetic interaction study, after a single 20 mg dose of warfarin, capecitabine treatment increased the AUC of S-warfarin by 57% with a 91% increase in INR value. Since metabolism of R-warfarin was not affected, these results indicate that capecitabine down-regulates isozyme 2C9, but has no effect on isozymes 1A2 and 3A4. Patients taking coumarin-derivative anticoagulants concomitantly with capecitabine should be monitored regularly for alterations in their coagulation parameters (prothrombin time or INR) and the anti-coagulant dose adjusted accordingly.

